



# CHALLENGES IN TRANSITION CARE IN **INFLAMMATORY** **BOWEL DISEASES**

**GIARDINI NAXOS**  
8-9 novembre 2019

## BACKGROUND

The management of patients with chronic conditions, such as inflammatory bowel disease (IBD), requires specific attention and careful planning during the transition from pediatric to adult care. Early education about the transition process and the acquisition of self-management skills are crucial to fostering independent adolescents and young adults who have the knowledge and tools to manage life with a chronic disease. A growing body of literature describes the challenges and barriers to providing adolescent and transition care. Potential barriers to

effective transition include the following: differences between adult- and pediatric-onset IBD; patients' lack of developmental maturity and readiness, self-efficacy, and knowledge of the disease; poor adherence to therapy; adolescent anxiety and depression; differences between pediatric and adult IBD care and parental and provider reluctance to transition. Outcomes data on adolescents with IBD are limited, and there are even fewer data on how the transition of care affects long-term treatment and outcomes. This meeting through the experiences of adult and pediatricians will try to answer many questions regarding the clinical management and transition process.

## COORDINATORS

Ambrogio Orlando, Palermo  
Claudio Romano, Messina

## SCIENTIFIC COMMITTEE

Walter Fries, Messina  
Giuseppe Navarra, Messina  
Ambrogio Orlando, Palermo  
Claudio Romano, Messina  
Carmelo Romeo, Messina

## FACULTY

Marina Aloï, Roma	Giuseppe Frieri, Roma	Claudio Papi, Roma
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Giuseppe Costantino, Messina	Giuseppe Navarra, Messina	Maurizio Vecchi, Milano
Dario Dilillo, Milano	Ambrogio Orlando, Palermo	Anna Viola, Messina

## PROGRAM

### Friday, 8 November 2019

14.00 - 14.15 Greetings authority

14.15 - 14.30 Introduction

### I SESSION: EARLY and LATE ONSET IBD

Chairmen: *W. Fries, P. Lionetti*

14.30 - 15.00 Lecture: Epidemiology in Inflammatory Bowel Diseases: children and adults data  
*D. Knafelz, G. Frieri*

15.00 - 15.20 Clinical Case - Early onset  
*S. Arrigo*

15.20 - 15.40 What is very-early-onset inflammatory bowel disease  
*M. Aloï*

15.40 - 16.00 Genetic of EO and VEOIBD: what the clinicians need to know  
*N. Cerf-Bensussan*

16.00 - 16.20 Novel and tailored therapies for IBD, such as stem-cell transplantation  
*A. Assa*

16.20 - 16.45 Discussion

16.45 - 17.00 **Coffee break**

### II SESSION: CLINICAL MANAGEMENT

Chairmen: *M. Cappello, A. Privitera*

17.00 - 17.30 Lecture: Mucosal Immunity and microbiota: new insights  
*G. Penna*

17.30 - 17.50 Clinical case  
*A. Viola*

17.50 - 18.10 A comparison between adult and pediatric diseases activity scores  
*P. Lionetti*

18.10 - 18.30 Histological pattern: adult versus children  
*A. Rizzo*

18.30 - 18.50 Nutritional management: important only for children?  
*E. Miele*

18.50 - 19.15 Discussion

## PROGRAM

### Saturday, 9 November 2019

### III SESSION: CROHN'S DISEASE

Chairmen: *P. Alvisi, F. Castiglione*

08.30 - 09.00 Lecture: Personalized Medicine: individualizing treatment options for each patient with IBD  
*A. Armuzzi*

## PROGRAM

### Saturday, 9 November 2019

- 09.00 – 09.20 Clinical Case  
*D. Dilillo*
- 09.20 – 09.40 Old and new biologics, small molecules: evidence in adults and perspectives in children  
*F.S. Macaluso*
- 09.40 – 10.00 Management of Mild Crohn's Ileitis  
*C. Papi*
- 10.00 – 10.20 Biosimilars in pediatric IBD  
*C. Romano*
- 10.20 – 10.40 Discussion
- 10.40 – 11.00 **Coffee break**

#### IV SESSION: ULCERATIVE COLITIS and SURGERY

Chairmen: *C. Romeo, M. Vecchi*

- 11.00 – 11.30 Lecture: Sub-optimally controlled moderate-to-severe ulcerative colitis: understanding risk factors and improving outcomes  
*A. Orlando*
- 11.30 – 11.50 Thiopurine use in Inflammatory Bowel Disease: adult vs pediatric patient  
*W. Fries*

- 11.50 – 13.00 Round Table: Bridging medical and surgical therapy in children and adult  
*T. Caldaro, G. Mattioli, G. Navarra, G. Solina*

13.00 – 14.00 **Light Lunch**

#### V SESSION: THE TRANSITION OF CARE with the AMICI Italy support

Chairmen: *A. Orlando, C. Romano*

- 14.00 – 14.30 Lecture: When and How to refer a patient to adult care  
*S. Martelossi*
- 14.30 – 14.50 Vaccination strategies in transition program  
*G. Mazzola*
- 14.50 – 15.10 Risk of sexual dysfunctions in patient with IBD  
*G. Costantino*
- 15.10 – 15.30 Treatment of the pregnant IBD patient with Active Disease  
*S. Renna*
- 15.30 – 15.50 The role of patients associations  
*E. Previtali*
- 15.50 – 16.30 Panel Discussion: Quality improvement of Transition of care in Italy,  
*P. Alvisi, A. Armuzzi, W. Fries, A. Orlando, C. Romano*
- 16.30 – 16.40 Conclusions
- 16.40 – 17.00 Verifica dell'apprendimento

## INFORMAZIONI GENERALI

### SEDE

**RG Naxos Hotel**

Viale Jannuzzo 47

98035 Giardini Naxos (ME)

### ACCREDITAMENTO ECM

L'evento sarà accreditato dal Provider nazionale Health Meetings Group Srl (6083) per la figura professionale del Medico Chirurgo nelle discipline di Gastroenterologia, Medicina Interna Chirurgia Generale, Chirurgia Pediatrica, Pediatria, Pediatria (Pediatri Di Libera Scelta).

### SEGRETERIA ORGANIZZATIVA



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